



SATIVA DOMINANT

LEMON GELATO



SMALL BATCH

HAND-DRIED

LONG-CURED

DOMINANT TERPENES



MYRCENE ● LIMONENE ● PINENE ●

ABOUT LEMON GELATO

Lemon Gelato is a distinctive sativa-dominant born from the fusion of Lemon Haze and Gelato #42. This exceptional strain captivates the senses with a complex aroma offsetting tart lemon and citrus with sweet dessert.

USE & TEMPERATURE SETTINGS

This product should be administered using a medical device vaporiser (dry herb vaporiser).

It is suggested to start vaporising at a low temperature of 160° to release uplifting terpene effects. Increase gradually to 200° for stronger pain relief and sedation.

EDUCATION & RESPONSIBLE USE

Patients are advised not to drive or operate heavy/complex machinery whilst taking THC-containing medication.

DOSING & TITRATION

Titration involves gradually increasing a dose to reach the desired effect. According to TGA guidelines, the “start low, go slow” approach is recommended. Patients begin with a low dose and slowly increase it to find the optimal therapeutic level.

Dosage requirements vary from person to person, so patients and doctors must collaborate to establish the best dosing regimen that maximises medical benefits for the patient’s unique needs. Proper dosing and titration of medicinal cannabis flower can be challenging due to several factors. These factors include variations in the amount of medicine administered, differing cannabinoid profiles, inconsistencies in vaporisation temperature, and variations in the length and depth of breath during inhalation.

To ensure consistent and reliable dosing of medicinal cannabis, patients should aim to replicate the conditions under which they administer their medicine.

When starting the titration process, it’s crucial for patients and doctors to maintain a consistent dosing schedule, adjusting

the timing as necessary. For new medicinal cannabis patients, a 30-minute wait between doses is advisable to monitor effects before inhaling again.

DAYS	1-4	5-7	8-10	11-13	14-16	17-20
MORNING (G)	0	0.1	0.1	0.1	0.2	0.2
MIDDAY (G)	0	0	0.1	0.1	0.1	0.1
EVENING (G)	0.1	0.1	0.1	0.2	0.2	0.3
DAILY TOTAL (G)	0.1	0.2	0.3	0.4	0.5	0.6

DOMINANT TERPENES

TERPENE	BOILING POINT
MYRCENE	167°C
LIMONENE	176°C
PINENE	155°C

USAGE

Using a vaporiser to inhale medicinal cannabis is among the most effective administration methods for patients. Inhalation allows for rapid onset, typically providing relief within 5 to 10 minutes, and lasting for about 2 to 4 hours. This is much quicker than oral and sublingual ingestion, which usually takes 1 to 3 hours to take effect.

RECOMMENDED ADMINISTRATION PROCEDURE:

- According to the medical prescription, load the indicated quantity of All Nations Lemon Gelato into the vaporiser.
- A fixed temperature of vaporisation superior to 160°C should be used.

Dosing should not exceed the amount stated on the prescriber's SAS or AP approval.

Smoking cannabis through combustion methods is not recommended due to the health risks, including the potential to contribute to chronic obstructive pulmonary disease (COPD) and other respiratory diseases. Instead, patients should use a TGA-approved vaporiser to heat dried medicinal cannabis flower without combustion, generating smoke-free vapour.

Temperature settings on vaporisers can affect the outcome of medicinal cannabis use. Each component within the dried cannabis flower—like cannabinoids, terpenoids, and flavonoids—has a distinct boiling point. There are generally three temperature ranges to be aware of:

LOW
160°C - 177°C

This range provides a cooler vapour temperature, which is gentler on the throat and may produce milder psychoactive effects.

MED
177°C - 204°C

This is the recommended starting range for most users.

HIGH
204°C - 221°C

This range offers the strongest psychoactive effects and maximises cannabinoid extraction.

Patients should choose a temperature range that aligns with their desired effects and comfort level.

MEDICAL & THERAPEUTIC INFORMATION

All Nations Cherry Gas is suitable for the following conditions:

- Chronic Pain
- Cancer Pain
- Spasticity
- Palliative Care
- Neuropathic Pain
- PTSD
- CINV
- Insomnia
- Anxiety

It can help to:

- Provide stress management
- Alleviate anxiety and depression
- Achieve better sleep
- Epilepsy relief (possibly even better than CBD)
- Enhanced cognitive function
- Diabetes complications reduction
- Anti-inflammation

SAFETY INFORMATION

All medicines can have side effects. If any side effects are experienced, most of them are minor and temporary. However, some side effects may need medical attention.

LESS SERIOUS SIDE EFFECTS

- daytime drowsiness
- dry mouth
- dry eyes
- dizziness
- headache
- increased appetite
- fatigue
- difficulty concentrating
- nausea
- memory impairment
- blurred vision
- constipation or diarrhoea
- euphoria

SERIOUS SIDE EFFECTS

ALLERGY-RELATED:

- Swelling of the face, lips, mouth, tongue, or throat, which may cause difficulty in breathing
- Shortness of breath or difficulty in breathing
- Skin reactions, which may include rash, itching, redness, blistering or peeling of the skin

CARDIOVASCULAR:

- Rapid heartbeat
- Chest Pain
- Low blood pressure/feeling faint

BRAIN/NERVOUS SYSTEM:

- convulsions
- numbness
- burning sensation
- vomiting
- loss of coordination balance
- disorientation
- confusion
- depression
- agitation
- hallucinations
- psychosis
- thoughts of suicide

GENERAL:

- Upper respiratory infection
- Strong abdominal pain

REPORTING SUSPECTED ADVERSE EFFECTS

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at the below website.

WWW.TGA.GOV.AU/REPORTING-PROBLEMS

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